

ZERO TO THREE's 3rd Annual Symposium for Pediatric Health Care Providers

Practical Approaches to Addressing the Whole Child and Family in Pediatric Primary Care



**Earn
CMEs**

Thursday, December 8, 2011

7:45 a.m. – 2:30 p.m.

**Gaylord National Resort & Convention Center
National Harbor—Washington, DC**

In partnership with the American Academy of Pediatrics and
Children's National Medical Center Infant and Toddler Mental Health Program

Sponsored for Continuing Medical Education (CME) credits by Phoenix Children's Hospital

Presented in conjunction with ZERO TO THREE's 26th National Training Institute

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™



www.zerotothree.org

This is a special event designed specifically to provide health care professionals who work with young children and their families practical information and tools to address a range of critical behavioral and developmental issues they face during routine care.

Event Program

7:45 a.m. – 8:15 a.m.—Registration and continental breakfast

8:15 a.m. – 8:30 a.m.—Opening remarks

8:30 a.m. – 9:30 a.m.—Beyond the PEDS: Using the Art of Observation During Routine Visits to Assess Young Children’s Development

Research shows that early detection of developmental challenges and early intervention can make a significant difference in outcomes for young children. Studies also show that a majority of pediatricians do not regularly do developmental screening, reportedly due to lack of time. Through case examples, this session will illustrate how clinicians can use their observational skills to do meaningful, functional assessments of infant and toddler development during routine care and help parents understand and support their young child’s growth. Identifying and addressing red flags will also be discussed.

Margot Kaplan-Sanoff, EdD

*Associate Professor of Pediatrics
Director, Healthy Steps National Office
Boston University School of Medicine*

Larry Gray, MD, FAAP

*Assistant Professor of Pediatrics
Medical Director, Adoption Center
Comer Children’s Hospital at the
University of Chicago
Medical Director, Erikson Institute Fussy Baby
Network*

9:30 a.m. – 10:30 a.m.—Paying Attention to Parents: Effective Surveillance & Screening of Family Psychosocial Stressors During Pediatric Primary Care

Professional pediatric guidelines expect clinicians to identify and intervene in a wide range of family stressors due to the well-documented potential for negative impact these stressors can have on child development and health. Using interactive case discussion, this session will familiarize attendees with promising approaches to surveillance and screening of family psychosocial issues including pre-visit questionnaires, topic-specific screening measures, and interview questions. Problem-solving of perceived obstacles to implementing these

approaches will be included. This session will also include the presentation of a model developed by the Fussy Baby Network that guides the pediatric clinician in forming an empathic alliance with parents who are particularly challenged by their baby’s fussiness.

Linda Gilkerson, PhD

*Professor, Erikson Institute
Director, Irving B. Harris Infant Studies Program
Executive Director, Fussy Baby Network*

Lynne Sturm, PhD

*Assistant Professor of Clinical Pediatrics
Riley Child Development Center
Indiana University School of Medicine*

15 minute break

10:45 a.m. – 11:45 a.m.—Tuning in to Transactions: Observing and Supporting the Parent-Child Relationship in Primary Care

A robust body of research shows that the quality of the parent-child relationship has a significant influence on a child’s long-term development. This session will use case presentations and video vignettes to present a framework to observe the nuances of the early parent-child relationship in the context of the primary care visit. Strategies to address parent perceptions of child behavior and, optimize the early parent-child relationship will be presented.

Ann Adalist-Estrin, MS

*Child and family therapist, Bridges, Jenkintown PA
National Resource Center on Children and Families
of the Incarcerated, Jenkintown, PA*

Prachi Shah, MD

*Assistant Professor of Pediatrics
University of Michigan, Division of Child Behavioral
Health*

11:45 a.m. – 12:45 p.m.—Feeding Follies: Young Children Who Refuse to Eat or Eat Too Much

Getting babies and toddlers off to a healthy start when it comes to eating tops the list of health care professionals’ priorities given the growing concern about childhood obesity. In this session, primary



Event Program and Registration Information

health care providers will learn ways to identify and effectively address with parents the most common feeding challenges: food refusal and overeating. An algorithm for diagnosing and managing feeding difficulties in the context of routine office visits will be presented.



Irene Chatoor, MD

*Professor of Psychiatry and Pediatrics
The George Washington University
Director, Infant and Toddler Mental Health Program
Vice Chair, Department of Psychiatry
Children's National Medical Center*

1:00 p.m. – 2:30 p.m.—Luncheon Panel: Making the Medical Home a Reality—Promising Models for Interdisciplinary Community Collaboration to Support Infant Mental Health

It has been well documented that access to health, education, and family support services is necessary for promoting healthy child development. But building such collaborations can seem daunting to the busy primary care provider. This panel will provide practitioners with concrete ideas for how they can forge connections in their own communities by:

- 1) Describing the key features of eight exemplary early childhood initiatives, all of which include a strong and active health component and have successfully integrated efforts across multiple service sectors and settings;
- 2) Presenting an evidence-based practice model, and a community system of care model, each of which presents an approach to creating a patient-centered medical home; and,
- 3) Reviewing new funding initiatives for home visiting available through *The Affordable Care Act* and *Maternal Infant Early Childhood Home Visiting Program*. Presentations will be followed by discussion with participants about ways to apply common features of successful approaches to a range of settings and localities.

Amy Fine, MPH

Health Policy/Program Consultant

David Willis, MD, FAAP

*Behavioral-Developmental Pediatrics
Past-President, Oregon Pediatric Society
Medical Director, The Artz Center for
Developmental Health and Audiology
Portland, Oregon*

Margot Kaplan-Sanoff, EdD

*Associate Professor of Pediatrics
Director, Healthy Steps National Office
Boston University School of Medicine*

George L. Askew, MD, FAAP

*Senior Policy Advisor for Early Childhood
Health and Development
U.S. Department of Health and Human
Services Administration for Children and
Families*

2:30 p.m.—Adjournment

“The Symposium for Pediatric Health Care Providers exposed primary care professionals, who are on the frontline in supporting families on a routine bases, to state-of-the-art information and tools for identifying challenges to healthy child development.”

– **Pat VanMaanen, Director, American Academy of Pediatrics, Arizona Foundation**

Event Information

Accreditation Statement

Phoenix Children's Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Designation Statement

Phoenix Children's Hospital designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

To register online for this symposium visit www.zttntconference.org/registration.aspx

**Registration Fee is \$125.
(This fee includes CME credits)**