GROW YOUR KIDS ActiviTREE

Directions

On each branch, fill out the leaves of this TREE with activities you do with your child. For example, you could write ‘read bedtime stories’ on a leaf that grows from the ‘Read’ branch. You can also write examples of activities that you could imagine doing with a small child.

Follow your baby’s cues.

Have fun and play and create special time together.

Your baby’s development is stimulated by emotionally connecting with YOU!!!

MARYLAND AMERICAN ACADEMY OF PEDIATRICS
Name: ______________________  DOB: __________  Date: __________

**T**alk

Example: Talk in an excited voice about objects in the room.

**R**ead

Example: Read a bedtime story.

**E**ngage

Example: Spend 3 minutes playing with their favorite toy with them.

**E**ncourage

Example: Clap your hands and say “Good job” when they follow directions.