BEHAVIORAL SCREENING RESOURCES

▸ **Pediatric Symptom Checklist:**

  http://www.brightfutures.org/mentalhealth/pdf/professionals/ped_sympton_chklst.pdf

  An excellent checklist for screening children and teens for mental health problems in a primary care setting. A youth self- report checklist also available for patients over age 11 years

▸ **ADHD Tool Kit: (available through AAP)**

  A resource containing an array of screening, diagnosis, treatment and support materials for clinicians including Parent and Teacher Vanderbilt Rating Scales

  The ADHD tool kit can also be downloaded via : http://www.nichq.org/

▸ **GLAD- PC: glad-pc.org**

  Features the GLAD-PC Toolkit which provides an excellent overview of the evaluation and management of child and adolescent <u>depression</u>- also includes several depression screening questionnaires

▸ **MASSACHUSETTS PRIMARY CARE BEHAVIORAL HEALTH SCREENING TOOLKIT**

Provides mental health guidelines and screening tools for use in a pediatric primary care setting including the PSC (Pediatrics Symptoms Checklist), SDQ (Strengths and Difficulties Questionnaire) and PHQ-9 (Patient Health Questionnaire for depression)

http://www.mcpap.com/pdf/PCCScreeningToolkitUpdate04292010.pdf

▸ **SCARED:** **(Anxiety scale)**

This tool screens children and adolescents age 8 and older for anxiety disorders. Both SCARED versions contain 41 items that measure five factors: general anxiety, separation anxiety, social phobia, school phobia, and physical symptoms of anxiety.

SCARED (CHILD SCALE):

http://www.aap.org/pubserv/mht/DSC%20Scared%20Child.L0223_3_4.pdf

SCARED (PARENT SCALE):

http://www.aap.org/pubserv/mht/DSC%20Scared%20Parent.L0223_2_3.pdf

▶ **Addressing Mental Health Concerns in Primary Care: A Clinician'sToolkit** (available through AAP)

   Includes screening and assessment instruments, management advice and billing and coding aids

▶ **Bright Futures in Practice: Mental Health Vol I (Practice Guide) & II (Tool Kit) National Center for Education and Child Health**

   Contains valuable guides, patient handouts and assessment tools for pediatric clinicians

▶ **D-TECKT: (see D-TECKT module)**

   A template designed to help pediatric clinicians develop a "differential diagnosis" when evaluating children and teens for behavioral problems.

   Tellerman K, et al: A template for you to assess and address behavior problems. Contemp Peds 2005; 22:73 (www.contemporarypeds.com)

- **Chadis:**

  http://www.chadis.com/

  Comprehensive electronic software tool designed for pediatric clinicians containing numerous primary care screens and behavioral questionnaires that can be integrated into office practice, links to mental health resources and clinical reviews of multiple mental health problems

- **Guide to Learning Disabilities for Primary Care: How to Screen, Identify, Manage, and Advocate for Children with Learning Disabilities Larry Silver M.D. and Dana Silver M.D. (available through AAP)**

  Resource for pediatric clinicians evaluating children with learning disabilities containing multiple screening tools for evaluation

- **Teen Screen National Center for Mental Health Checkups at Columbia University**
  www.teenscreen.org
  http://www.teenscreen.org/

  Establishing a registry that provides free evidence-based questionnaires, patient education materials and access to a private online community to share information about mental health screening in primary care.