Mental Health Billing Tips

BI-PED PROJECT (BRIEF INTERVENTIONS: PEDIATRICS)
Emotional Health Committee Maryland Chapter American Academy of Pediatrics
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CPT codes:

96110 Developmental testing limited (screening tools such as Vanderbilt, Conners, MCHAT, PSC, ASQ, PEDS, GAPS)

- 96110: “Developmental Testing—Limited”
  - Limited behavioral/emotional “testing” with interpretation and report
  - At this time, this is the only CPT code available for the non-interactive screening and rating scales used in MH care
  - Expectation is that the screening tool will be completed by a non-physician staff member and reviewed by the physician
  - Record the review in the chart (e.g. Vanderbilt scoring reveals evidence of ADHD of the inattentive subtype)
  - Reported in addition to E&M services provided on same date with modifier

- Use one unit for each individual rating scale administered, scored and interpreted
  - If mother, classroom teacher and special ed teacher each completed Vanderbilt Scales, then code as 96110(3)
Append modifier -25 to E/M to show the E/M is a separate and identifiable service by the same physician on the same day e.g. 99215-25 + 96110(3)

**99240**: health risk assessment (Depression scales, SCARED)

**99215**: Comprehensive office visit (can use if visit is 40 minutes and over 50% of visit is counseling - *can bill if parent is present and patient is not*)

**99214** can be used for visits of 20 minutes and over 50% of visit is counseling (e.g. may be used for follow up visits to check on how patient is doing or medication follow up)

**99354**: Extended face to face time for the next 30-74 minutes after the initial 40 minutes (e.g. can use if the actual time spent is between 70-114 minutes)

*Be careful to document what was discussed, the time spent on the visit and the time spent counseling*
ICD (Best to avoid V codes)

314.01 ADHD

309.9 Adjustment Disorder

Depression Alternative Codes: (if depression diagnosis is not covered)

- 780.51 Sleep disorder, unspecified
- 780.52 Insomnia, unspecified
- 780.7 Malaise and fatigue
- 783.0 Anorexia
- 783.1 Abnormal weight gain
- 783.21 Abnormal loss of weight
- 780.95 Excessive crying of child, adolescent or adult
- 799.22 Irritability
- 799.24 Emotional lability

Anxiety Alternative Codes: (if anxiety diagnosis is not covered)

- 780.51 Sleep disorder, unspecified
- 780.52 Insomnia, unspecified
- 784.0 Headache, NOS
- 785.0 Tachycardia
- 785.1 Palpitations
- 786.05 Shortness of Breath
- 786.50 Chest pain, unspecified
- 789.0 Abdominal pain
- 799.21 Nervousness
- 799.24 Emotional lability
References

http://www.aap.org/mentalhealth/docs/CodingWebinar1.11.ppt
(coding powerpoint by the AAP Mental Health Task Force)

http://www.aap.org/mentalhealth

The Classification of Child and Adolescent Mental Diagnoses in Primary Care Diagnostic and Statistical Manual for Primary Care (DSM-PC) Child and Adolescent Version,  Mark Wolraich M.D., American Academy of Pediatrics, 1996.