# **Mental Health Billing Tips**

# BI-PED PROJECT (BRIEF INTERVENTIONS: PEDIATRICS) Emotional Health Committee Maryland Chapter American Academy of Pediatrics Ken Tellerman M.D.

## **CPT codes:**

<u>96110</u> Developmental testing limited (screening tools such as Vanderbilt, Conners, MCHAT, PSC, ASQ, PEDS, GAPS)

- 96110: "Developmental Testing—Limited"
  - Limited behavioral/emotional "testing" with interpretation and report
  - At this time, this is the only CPT code available for the noninteractive screening and rating scales used in MH care
  - Expectation is that the screening tool will be completed by a non-physician staff member and reviewed by the physician
  - Record the review in the chart (e.g. Vanderbilt scoring reveals evidence of ADHD of the inattentive subtype)
  - Reported in addition to E&M services provided on same date with modifier
- Use one unit for each individual rating scale administered, scored and interpreted
  - If mother, classroom teacher and special ed teacher each completed Vanderbilt Scales, then code as 96110(3)

Append modifier -25 to E/M to show the E/M is a separate and identifiable service by the same physician on the same day e.g. 99215-25 + 96110(3)

99240: health risk assessment ( Depression scales, SCARED)

<u>99215</u>: Comprehensive office visit (can use if visit is 40 minutes and over 50% of visit is counseling- *can bill if parent is present and patient is not*)

99214 can be used for visits of 20 minutes and over 50% of visit is counseling (e.g. may be used for follow up visits to check on how patient is doing or medication follow up)

99354: Extended face to face time for the next 30-74 minutes after the initial 40 minutes (e.g. can use if the actual time spent is between 70-114 minutes)

\*Be careful to document what was discussed, the time spent on the visit and the time spent counseling

## **ICD** (Best to avoid V codes)

#### 314.01 ADHD

## 309.9 Adjustment Disorder

**Depression Alternative Codes: (if depression diagnosis is not covered)** 

- 780.51 Sleep disorder, unspecified
- 780.52 Insomnia, unspecified
- 780.7 Malaise and fatique
- 783.0 Anorexia
- 783.1 Abnormal weight gain
- 783.21 Abnormal loss of weight
- 780.95 Excessive crying of child, adolescent or adult
- 799.22 Irritability
- 799.24 Emotional lability

## **Anxiety Alternative Codes: (if anxiety diagnosis is not covered)**

- 780.51 Sleep disorder, unspecified
- 780.52 Insomnia, unspecified
- 784.0 Headache, NOS
- 785.0 Tachycardia
- 785.1 Palpitations
- 786.05 Shortness of Breath
- 786.50 Chest pain, unspecified
- 789.0 Abdominal pain
- 799.21 Nervousness
- 799.24 Emotional lability

## **References**

http://www.aap.org/mentalhealth/docs/CodingWebinar1.11.ppt (coding powerpoint by the AAP Mental Health Task Force)

http://www.aap.org/mentalhealth

The Classification of Child and Adolescent Mental Diagnoses in Primary Care Diagnostic and Statistical Manual for Primary Care (DSM-PC) Child and Adolescent Version, Mark Wolraich M.D., American Academy of Pediatrics, 1996.