

grow your
kids:

TREE

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QR code to access TREE
website:



Basic TREE Concepts



TALK: Bathe your baby in language



READ: Read together regularly and enthusiastically



ENGAGE: Have fun together / Make your baby feel safe and loved



ENCOURAGE: Be your baby's cheerleader



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“What kinds of *fun* things do you enjoy doing with your child?”



CHILD DEVELOPMENT

Communication:

Young infants *vocalize* by cooing and babbling



Older infants use *gestures* like “hi”, “bye” and “pick me up”



Young toddlers *verbalize* and begin to understand simple directions and say a few words like “mama” and “dada”



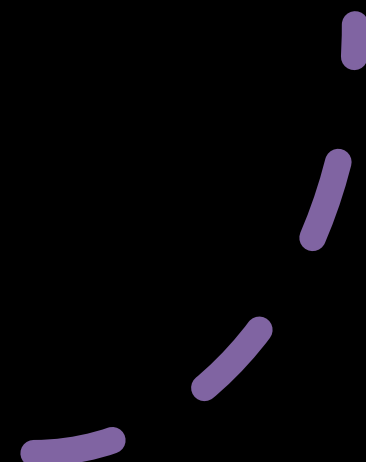
(Where does your child fit in?)



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TALK

Use everyday experiences for talking while cooking, eating, cleaning, shopping, driving, diaper changes and bathing



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READ



Read together regularly
and enthusiastically

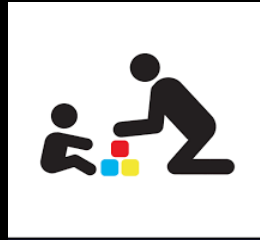
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READ

- Read in an *excited* manner
- Let babies handle books and turn pages – they may want to put the book in their mouth or read the same book over and over



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ENGAGE



Have fun
together!



Make your baby
feel safe and loved!

CHILD DEVELOPMENT

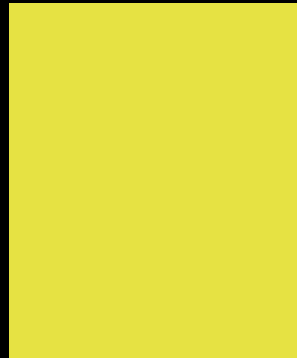
Motor: Head to Toe

Head, neck and arms:
reaching

Trunk: rolling, sitting,
crawling

Legs: pulling to stand,
walking, running

(Where does your child fit in?)



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ENGAGE

Motor: Things To Do

Tummy time

Get babies to grab,
roll, crawl or cruise
towards something
interesting out of
reach



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“What kinds of *fun* things would you like to do with your child in the next few months?”



CHILD DEVELOPMENT



ENGAGE: Play and Learning

Does “*with*” objects (young infants)



Does “*to*” objects (older infants)



Objects have *function* (young toddlers)



Imaginary play (older toddlers)

(Where does your child fit in?)

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ENGAGE

Play and Learning: Things To Do

- For young infants, use safe objects that they can put in their mouth like pacifiers and rattles



- Older infants like to examine, handle, drop, roll, and bang household objects (balls, large blocks, cups, pots, spoons etc.)



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ENGAGE

Play and Learning: Things To Do

- For young toddlers, objects have function -play with blocks, stacking rings, legos, and puzzles



- Older toddlers use their imagination-play with stuffed animals, toy figures, dolls, puppets, cars, and dress ups

CHILD DEVELOPMENT



ENGAGE: Social Emotional
Milestones

Social smile (young infants)



Stranger Anxiety (older infants)



Separation Anxiety (young toddlers)
Joint attention/ joyful play



Autonomy (“terrible twos” in older
toddlers)

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ENCOURAGE

You can do it!

Yeah!

You did it!

Be your baby's
cheerleader!!!



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Please feel free to
share this material
with someone else
who takes care of your
child!!!

