

Lactose Intolerance and Health Inequities Across Diverse Populations

Pending Approval - 1.0 CME for Physicians* | 1.0 CPEU for Dietitians

FREE
HEALTH PROFESSIONAL
WEBINAR

Thursday, August 5, 2021 • 12:00 – 1:00 PM EST

SPEAKERS:



CONSTANCE BROWN-RIGGS
MSEd, RD, CDE, CDN

CHEF TESSA NGUYEN
RD, LDN

After the session, participants will be able to:

1. Understand the prevalence of lactose intolerance across diverse populations including African Americans, Latinx and Asian Americans.
2. Debunk three common myths surrounding lactose intolerance and dairy avoidance.
3. Discuss dairy's role in the diet for effective management of lactose intolerance symptoms; as well as providing practical lactose intolerance management tips and techniques that are culturally relevant.



During this LIVE webinar, **5 attendees** will be selected at random to win a \$50 Muranda Cheese gift card.

REGISTER HERE!

**Note: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.*



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