

What's New With SNAP?

Starting October 1st, 2021, the average Supplemental Nutrition Assistant Program (SNAP) benefit will increase by



\$36.24
per person, per month



\$1.19
per day

Why?



88%

reported facing challenges to a healthy diet



61%

reported cost of healthy foods as a barrier



Milk can help!

Affordable

Get the recommended 3 servings of dairy a day for under \$1.00!

Nutritious

Milk contains 13 essential nutrients like protein, calcium, vitamin D & more!

Accessible

You can buy milk at local grocery or convenience stores all year long!



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