



**Free Webinar!**  
1.0 CME | 1.0 CPEU Pending



**October 12**  
**12-1:15 pm**

**Emcee:** Jonathan Valdez, MBA, RDN, CSG, CDN, CCM, CDCES, ACE-CPT

**Farm:** Ideal Dairy, Hudson Falls, NY

**Farmers:** John Dickinson, Owner at Ideal Dairy  
Luke Getty, Owner at Ideal Dairy  
Kyle Getty, Owner at Ideal Dairy

Tour a local dairy farm to learn about modern sustainability practices from the comfort of your own home.  
Learn where your milk comes from—Farm to Fridge!

[Register Here](#)

### During the session, participants will:

- 1** Learn how farmers care for their cows, including cow nutrition, veterinary care, cow comfort, and milking technology.
- 2** Learn how dairy farmers are contributing to a sustainable food system, including reduction of greenhouse gas emissions and protection of soil and water.
- 3** Learn how milk goes through strict quality controls to ensure freshness, purity and great taste.