

TREEHOUSE (Talk Read Engage Encourage) Program: Promoting Positive Parent Child Relationships
Through Telehealth Developmental Coaching

December 9th, 2021

Start time: 7:00 End Time: 8:00 pm EST

Project timeframe: December 9, 2021 – June 2022

Attendees: Prior to the start of the activity, please review the below information to ensure
successful participation in this Activity

Activity Location: MDAAP ZOOM link

Accreditation and Designation Statements

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the Maryland Chapter of the AAP (MDAAP). The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

The AAP designates this Other (Independent Learning, Live webinars) activity for a maximum of 12.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 12.00 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

PAs may claim a maximum of 12.00 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME or a recognized state medical society.

This program is accredited for 12.00 NAPNAP CE contact hours of which 0 contain pharmacology (Rx), (0 related to psychopharmacology) (0 related to controlled substances), content per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 12.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

If you do not successfully complete all components of the activity and evaluation assessment ABP MOC Part 2 Points will not be awarded.

Please note: your completion data will be shared with the ABP through the ACCME PARS system within 30 days of successful completion. This will include the name of the activity and provider; participant name; participant's ABP ID number; participant's DOB; date of completion of the activity; the PARS activity identifier; ABP MOC Part 2 credit statement and number of MOC points awarded. If any questions or concerns please contact the activity manager

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Purpose of Course

TREEHOUSE project is a 30 -minute dedicated telehealth coaching program delivered by pediatric providers to families with children ages 9 and 15 months. The program is offered in addition to routine well child visits. The TREEHOUSE program is targeted at families living in poverty whose children may be at higher risk for developmental delay. The telehealth program is an outgrowth of the TREE program developed by the Emotional Health Committee of the Maryland Chapter AAP that integrates interactive developmental coaching into well child visits. The TREE program has been noted to increase self-reported parental verbal responsivity to young children and increase practitioner self-reported confidence in performing developmental coaching in a study conducted at two Baltimore based pediatric residency training programs.

Both the TREE and TREEHOUSE programs seek to reinforce the importance of talking, reading and play with young children. During coaching sessions, parents are engaged in a dialogue that promotes learning, self- reflection and creates an opportunity to practice some of the evidence -based material discussed such as using the “sports announcer” approach to stimulate language development.

Learning Objectives

After completing this course, you should be able to:

Learning Objectives:

- Identify evidence- based social determinants of health including ACEs and childhood poverty that impact on early child development
- Recognize that positive parent relationships promoted through evidence- based activities of talking, reading and play improve the developmental trajectory of young children
- Recognize the principles that differentiate developmental coaching from anticipatory guidance
- Perform dedicated telehealth developmental coaching following training in the evidence- based TREE program
- Perform developmental surveillance using the TREE program developmental narrative templates
- Identify evidence- based strategies to promote parental change through motivational interviewing
- Identify early secure and insecure parent infant attachment patterns as well as recognize and address parent mental health difficulties such as depression
- Recognize the elements of resilience and explore the pediatric role in the strength-based promotion of health equity and resilience

Disclosure of Commercial Support for AAP CME Activities

No commercial support is associated with this CME activity.

Disclosure of Financial Relationships and Resolution of Conflicts of Interest for AAP CME Activities

The AAP CME/CPD program develops, maintains, and improves the competence, skills, and professional performance of pediatricians and pediatric healthcare professionals by providing quality, relevant, accessible, and effective educational experiences that address gaps in professional practice. The AAP CME/CPD program strives to meet the educational needs of pediatricians and pediatric healthcare professionals and support their lifelong learning with a goal of improving care for children and families. (*AAP CME/CPD Program Mission Statement, May 2015*)

The AAP recognizes that there are a variety of financial relationships between individuals and commercial interests that require review to identify possible conflicts of interest in a CME activity. The “AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest for AAP CME Activities” is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities by identifying and resolving all potential conflicts of interest prior to the confirmation of service of those in a position to influence and/or control CME content. The AAP has taken steps to resolve any potential conflicts of interest.

All AAP CME activities will strictly adhere to the *Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support: Standards to Ensure the Independence of CME Activities*. In accordance with these Standards, the following decisions will be made free of the control of a commercial interest: identification of CME needs, determination of educational objectives, selection and presentation of content, selection of all persons and organizations that will be in a position to control the content, selection of educational methods, and evaluation of the CME activity.

The purpose of this policy is to ensure all potential conflicts of interest are identified and mechanisms to resolve them prior to the CME activity are implemented in ways that are consistent with the public good. The AAP is committed to providing learners with commercially unbiased CME activities.

DISCLOSURE OF FINANCIAL RELATIONSHIPS

All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that the individual either has no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. Listed below are the disclosures provided by individuals in a position to influence and/or control CME activity content.

* A commercial interest is defined as any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.

Name	Role	Relevant Financial Relationship (Please indicate Yes or No)	Name of Commercial Interest(s)* Please list name(s) of entity <u>AND</u> Nature of Relevant Financial Relationship(s) (Please list: Research Grant, Speaker's Bureau, Stock/Bonds excluding mutual funds, Consultant, Other - identify)	Disclosure of Off-Label (Unapproved)/Investigational Uses of Products AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. <u>(Do intend to discuss or Do not intend to discuss)</u>
Kenneth Tellerman, MD	Planner/Faculty/COI Reviewer & Resolver	NO	NONE	Do not intend to discuss
Anna Maria Wilms Floet MD	Planner/Faculty	NO	NONE	Do not intend to discuss

Product-Specific Advertising / Links to Product Websites

No product-specific advertising of any type appears in this activity. No links to product websites appear in this activity.

List of Principal Faculty and Credentials

Kenneth Tellerman, MD

Anna Maria Wilms Floet, MD

Method of Participation, Minimum Performance Level, and Credit Claiming

Learners will participate in the webinars via an internet connection and phone line. Upon completion of the webinars and all independent learning, participants will complete a 12-question quiz based on the content of the webinars/project. Participants must successfully complete the post activity quiz with a minimum passing score of 70% or higher in order to receive CME credit and MOC Part 2 points for this activity. As a reminder credit will not be available until after the project close in June 2022. Upon submission of the quiz and verification of the 70% minimum passing score requirement, participants will be provided with a CME certificate. MOC 2 participants after meeting the requirements (in June 2022), your information will be uploaded to ACCME to be sent to ABP.

Name of Medium or Combination of Media Used

Live webinar course via a computer and internet connection for viewing and a phone line for audio.

List of hardware/software requirements

Our Technical Support team would like to ensure that you have a great experience with our streaming media services. Due to variations in PC and network security configurations, we recommend that you test the ability to receive streaming media before the day of this event on the computer you will be using to view the event. To do this, click the "Test Your Computer Now" button below. You will hear a short announcement and see slide information.

If you are unable to open and play the presentation, the test has failed. In this case, you may either need to try another computer or consult with your network administrator to obtain privileges required to view streaming media. This process could take some time, so please conduct this test as soon as possible.

System requirements

The system requirements for viewing a streaming media event are:

Windows

- Windows XP, Windows 2003 or Windows Vista
- Display resolution of 800x600 pixels or greater
- Microsoft Internet Explorer 6.0 SP1 or later, Firefox 2.0 or later, or Google Chrome 1.0
- For Firefox and Chrome, [Silverlight](#) 1.0 or later
- Windows Media Player 9.0 or later
- Broadband Internet connection (256 Kbps & above)
- No network blocks or filters that disable streaming media

Mac

- Mac OS X 10.4.8 or later
- Safari 2.0.4 or later (or Firefox 2.0 or later)
- [Silverlight](#) 1.0
- Broadband Internet connection (256 Kbps & above)
- No network blocks or filters that disable streaming media

Need more help?

If you need further assistance, please call Loretta Hoepfner at loretta@mdaap.org or Ken Tellerman at ktpedmd@aol.com.

Provider Contact Information

If you have questions about this course or encounter technical problems, please contact loretta@mdaap.org or ktpedmd@aol.com.

Privacy and Confidentiality Statement

At the American Academy of Pediatrics (AAP), we take the issue of privacy very seriously. We do not sell, distribute, barter, or transfer personally identifiable information obtained from a user to a third party without your consent. Any information collected on the Web site is only used for the purpose stated.

The AAP list is only for important communications, and your e-mail address will not be sold or provided to third parties. You will not receive advertising or promotional materials on this list.

The AAP may use “cookie” technology to obtain non-personal information from its online visitors. We do not extract personal information in this process nor do we provide this information to third parties. We also do not contact you based on the information in your cookie file.

The AAP has taken steps to make all information received from our online visitors as secure as possible against unauthorized access and use. All information is protected by our security measures, which are periodically reviewed.

CLAIMING YOUR CREDITS AND PRINTING CERTIFICATES

The online AAP Transcript System is the official way to claim credit and print certificates for all AAP CME Activities and access transcripts.

Credits must be claimed within one (1) year of the CME activity’s end-date.

All participants must claim their credit online by completing the easy to follow steps below. You also have the option to print a copy of your certificate. Individual or paper certificates will not be distributed to you post-activity.

Please Note: If you need additional assistance a detailed instructional document can be found on the transcript homepage

Claim Credit:

1. Log on to <http://transcript.aap.org> with your AAP Username and Password
 - a. *Note: If you are already logged into PediaLink (www.pedialink.org), click on the **Continuing Education** tab then the **CME Transcript** button to access the transcript site and continue to step 2.*
2. Next to the activity, click the **Claim CME** or **Claim AAP Credit Only** link and enter the **total** number of credits you are claiming, commensurate with the extent of your participation in the activity
3. Click the **Confirm Claiming** box to complete claiming process – after you have claimed your credit, you can click the print certificate link or go back to your list of activities.

Non-AAP Members: Please follow the above steps to claim your credits and print a certificate. If you do not have a PediaLink account, you may create one by going to www.pedialink.org, click the link **Don't Know Your Login?**, click the link **Create an Account**, and follow the instructions to setup an account.