

GROW YOUR KIDS:

TREEHOUSE
(TELEHEALTH)

Maryland Chapter
American Academy
of Pediatrics

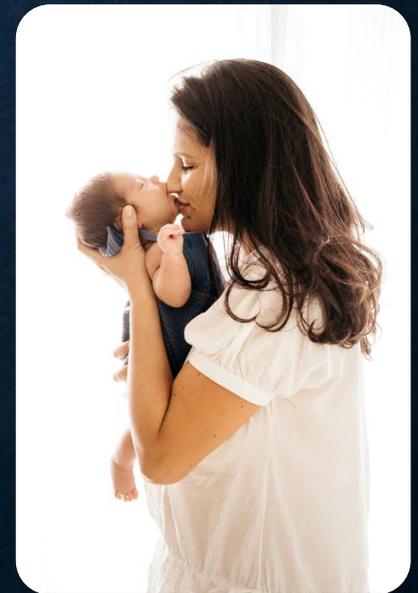
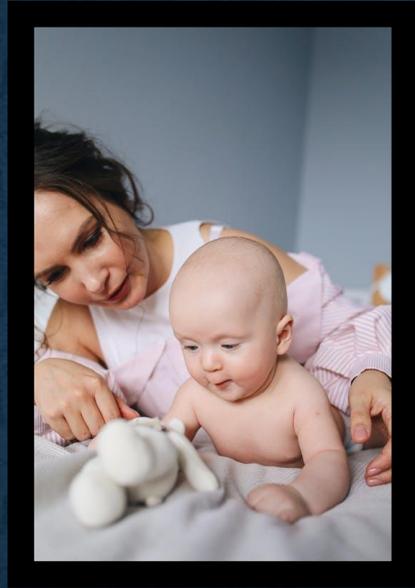
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QR code to access TREE
website:





BASIC TREE CONCEPTS

**HAVE FUN WITH YOUR BABY!!!
CREATE MEMORIES!!!**



TALK: Bathe your baby in language in all settings and descriptively



READ: Read together regularly and enthusiastically



ENGAGE: Have *fun* together / Make your baby feel safe and loved



ENCOURAGE: Be your baby's cheerleader

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What questions do you have about your child's development?

What would you like to get out of today's session?



Can you recall one of your favorite childhood memories?

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“What kinds of *fun* things do you enjoy doing with your child?”





What's going on?

TREEHOUSE CHILD DEVELOPMENT NARRATIVE COMMUNICATION TALK

Young infants *vocalize* by cooing and babbling



Older infants use *gestures* like “hi”, “bye”, “pick me up”, shaking head “no”, offering objects, pointing and signing



Young toddlers *verbalize* and begin to understand simple directions and say a few words like “mama” and “dada”, use jargon, and play “show me” games



Older toddlers say more and more words and play “tell me” games and “fill in the blank” games

Where does your child fit in?

Can you try out commenting like a sports announcer (can use in all kinds of settings)

In what *new* fun ways can you *communicate* differently in the *next* few months?

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Can you read together now?

Use the communication narrative and think about *new* fun ways you can read differently in the *next* few months



What's going on?

TREEHOUSE CHILD DEVELOPMENT NARRATIVE

ENGAGE

MOTOR

Head to Toe

Head, neck and arms: reaching

Trunk: rolling, sitting, crawling

Legs: pulling to stand, walking, running



Where does your child fit in?

What can you do differently in
the *next* few months?



What's going on?

TREEHOUSE CHILD DEVELOPMENT NARRATIVE

ENGAGE PLAY AND LEARNING



Does “with” objects (young infants)



Does “to” objects (older infants)



Objects have *function* (young toddlers)

Where does your child fit in?

In what *new* fun ways can you *play* with your child in the *next* few months?



Imaginary play (older toddlers)

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ENGAGE

Don't forget to sing and dance!!!

Do you have a favorite song that you like to sing
with your baby?

Can you sing it together now?





What's going on?

TREEHOUSE CHILD DEVELOPMENT NARRATIVE

ENGAGE

SOCIAL EMOTIONAL MILESTONES



Social smile, laughing (young infants)



Stranger Anxiety (older infants)



Separation Anxiety (young toddlers)

Joyful play and shared joy (“we”)/
exploration (young toddlers)



Autonomy (“terrible twos” in older
toddlers)

Where does your child fit in?

Where is your child heading in the *next*
few months?

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ENCOURAGE

You can do it!

Yeah!

You did it!



Be your baby's
cheerleader!!!



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What did you find helpful from our session?

Can you say at least one thing you learned today?