

GROW YOUR KIDS: TREE/ TREEHOUSE REFERENCES AND RESOURCES: Taking a Deeper Dive

ACEs and Toxic Stress/ Early Brain Development:

Bucci M et al. Toxic Stress in Children and Adolescents. *Advances in Pediatrics*. 2016; 63: 403-428 (included in MOC-2 reference list)

Forkey H, Griffin J, and Szilagyi M. *Childhood Trauma and Resilience: A Practical Guide*. Illinois: American Academy of Pediatrics; 2021 (included in MOC-2 reference list)

Garner A, Yagman M. Committee on Psychosocial Aspects of Child and Family Health, Section on Developmental and Behavioral Pediatrics, Council on Early Childhood. Preventing Childhood Toxic Stress: Partnering with Families and Communities to Promote Relational Health. *Pediatrics*. 2021; 148 (2): e2021052582 (included in MOC-2 reference list)

Garner A and Saul R. *Thinking Developmentally: Nurturing Wellness in Childhood to Promote Lifelong Health*. Illinois: American Academy of Pediatrics; 2018 (included in MOC-2 reference list)

Garner, A. and the Committee on Psychosocial Aspects of Child and Family Health, Committee on Early Childhood, Adoption and Dependent Care and Section on Developmental and Behavioral Pediatrics. Early Childhood adversity, Toxic Stress, and the Role of the Pediatrician: Translating Developmental Science into Lifelong Health. *Pediatrics* 2012; 129: e224-231

Johnson S, Riley A, Granger D, Riis J. The Science of Early Life Toxic Stress for Pediatric Practice and Advocacy. *Pediatrics*. 2013; 131(2): 319-327 (included in MOC-2 reference list)

Shonkoff, JP, Garner, AS and the Committee on Psychosocial Aspects of Child and Family Health Committee on Early Childhood, Adoption and Dependent Care and Section on Developmental and Behavioral Pediatrics. The lifelong effects of early childhood adversity and toxic stress. *Pediatrics*. 2012;129(1): e 232-e246

Center for Youth Wellness

<https://centerforyouthwellness.org/aceq-pdf/>

Center on the Developing Child Harvard University

<http://developingchild.harvard.edu/>

Trauma-Informed Care and Resilience Promotion: AAP Pedialink

Early Relational Health and Positive Early Childhood Experiences (PCEs):

Bethell C, et al. Childhood Experiences and Adult Mental and Relational Health in a Statewide Sample Associations Across Adverse Childhood Experiences Levels. *JAMA Pediatr*. 2019;173(11): e193007. doi:10.1001/jamapediatrics.2019.3007

(included in MOC-2 reference list)

Daines L. et al. Effects of positive and negative childhood experiences on adult family health. *BMC Public Health* (2021) 21:651

<https://doi.org/10.1186/s12889-021-10732-w>

Huang CX, Halfon N, Sastry N, et al. Positive Childhood Experiences and Adult Health Outcomes. *Pediatrics*. 2023;152(1): e2022060951

Kelly J, Dillon C, Larsen J, and Thordarson N. *Promoting First Relationships in Pediatric Primary Care*, NCAST Programs, University of Washington, 2013

Powell B, Cooper G, Hoffman K, Marvin B. *The Circle of Security Intervention*. New York, NY: Guilford Press; 2014

Sege R. et al. Responding to ACEs With HOPE: Health Outcomes from Positive Experiences. *Academic Pediatrics*. 2017; S79 (17)

Traub, F., & Boynton-Jarrett, R. (2017). Modifiable resilience factors to childhood adversity for clinical pediatric practice. *Pediatrics*, 139(5)

Williams, Robin C. et al. Canadian Paediatric Society Early Years Task Force. Relationships matter: How clinicians can support positive parenting in the early years. *Pediatr Child Health* 2019 24(5): 340-347

COUNCIL ON EARLY CHILDHOOD; COUNCIL ON SCHOOL HEALTH. The Pediatrician's Role in Optimizing School Readiness. *Pediatrics*. 2016 Sep;138(3): e20162293. doi: 10.1542/peds.2016-2293. PMID: 27573085.

GROW YOUR KIDS: TREE (TALK READ ENGAGE ENCOURAGE): A Program to Promote Positive Early Childhood Experiences Between Parents and Infants. Maryland Chapter American Academy of Pediatrics, Committee on Emotional Health
<http://mdaap.org/TREE.html>

GROW YOUR KIDS: TREE STUDY RESULTS POWER POINT



TREE-STUDY-RESUL
TS-POWERPOINT-PC

TREEHOUSE Program: Zero to Three Publication



TREEHOUSE 0-3
PULBICATION.pdf

BI-PED Project: *Brief Interventions in Child Mental Health for the Pediatric Practitioner*. Maryland Chapter American Academy of Pediatrics, Committee on Emotional Health
<http://www.mdaap.org/biped.html>

Infant and Early Childhood Mental Health: Relational Foundations for Lifelong Health: AAP Pedialink

Supporting Early Relational Health in Practice
<https://www.aap.org/en/patient-care/early-childhood/early-relational-health/>

Early Relational Health Implementation Guide
<https://downloads.aap.org/AAP/PDF/Final%20AAP%20ASHEW%20Implementation%20Guide%2006.14.22%20Id.pdf?ga=2.133257230.1833493658.1688153772-228075532.1683516577>

Identifying Risks, Strengths, and Protective Factors: A Resource for Clinicians Conducting Developmental Surveillance
https://downloads.aap.org/AAP/PDF/LTSAE_PediatriciansResourceGuide.pdf

Zero to Three <http://www.zerotothree.org>

Poverty and Racism:

Trent M, Dooley DG, Dougé J, AAP SECTION ON ADOLESCENT HEALTH, AAP COUNCIL ON COMMUNITY PEDIATRICS, AAP COMMITTEE ON ADOLESCENCE. The Impact of Racism on Child and Adolescent Health. *Pediatrics*. 2019;144(2): e20191765

Duffee J, Kuo A, Gatterman B and the Council on Community Pediatrics. Poverty and Child Health in the United States. *Pediatrics*. 2016; 137 (4): e20160339

Pascoe J, Wood D, Duffee J, Kuo A. Committee on Psychosocial Aspects of Child and Family Health, Council on Community Pediatrics. Mediators and Adverse Effects of Child Poverty in the United States. *Pediatrics*. 2016; 137 (4) e20160340; DOI: 10.1542/peds.2016-0340

Shah R. Positive Parenting Practices, Health Disparities, and Developmental Progress. *Pediatrics*. 2015; 136: 318-326 (included in MOC-2 reference list)

Fighting Racism to Advance Child Health Equity: AAP Pedialink

Talk:

Hart B and Risley R. *Meaningful Differences in the Everyday Experience of Young American Children*. Baltimore: Paul H Brookes Publishing Company; 1995

Madigan S, Prime H, Graham SA, et al. Parenting behavior and child language: A meta-analysis. *Pediatrics*. 2019;144(4): e20183556. doi:10.1542/peds.2018-3556

Suskind D. *Thirty Million Words: Building a Child's Brain*. New York: Dutton; 2015

LoRe D, Ladner P, Suskind D. Talk, Read, Sing: Early Language Exposure as an Overlooked Social Determinant of Health. *Pediatrics*. 2018;142(3): e20182007

Read:

High PC, Klass P. and the Council on Early Childhood. Literacy promotion: an essential component of primary care pediatric practice. *Pediatrics*. 2014; 134(2):404–409pmid:24962987 (included in MOC-2 reference list)

Reach Out and Read <http://www.reachoutandread.org/>

Early Literacy AAP website for pediatric practitioners
<https://www.aap.org/en/patient-care/early-childhood/early-childhood-health-and-development/early-literacy/>

Helping Your Child Learn to Read (PDF for parents)
https://downloads.aap.org/AAP/PDF/Early_Childhood_Parent_Resources.pdf

Play:

Healey A. and Council on Early Childhood Executive Committee. Selecting Appropriate Toys for Young Children in the Digital Era. *Pediatrics* 2018; 3348

Milteer R. and the Council on Communications and Media and Committee on Psychosocial Aspects of Child and Family Health. The Importance of Play in Promoting Healthy Child Development and Maintaining Strong Parent-Child Bond: Focus on Children in Poverty. *Pediatrics* 2012; 129: e204-213

Yogman M, Garner A, Hutchinson J. et al; Committee on Psychosocial Aspects of Child and Family Health, AAP Council on Communications and Media. The Power of Play: A Pediatric Role in Enhancing Development in Young Children. *Pediatrics*. 2018; 142(3): e20182058

Power of Play AAP website for pediatric practitioners

<https://www.aap.org/en/patient-care/early-childhood/early-childhood-health-and-development/power-of-play/>

Power of Play AAP website for parents

<https://www.healthychildren.org/English/family-life/power-of-play/Pages/the-power-of-play-how-fun-and-games-help-children-thrive.aspx>

Joyful Together: Using Everyday Moments to Build Resilience in Children Benjamin Kearney. The Institute of Family Community Impact (2018)- order on their website- filled with fun activities that parents can do to nurture and have fun with young children

Child Development:

Lipkin PH, Macias MM, AAP COUNCIL ON CHILDREN WITH DISABILITIES, SECTION ON DEVELOPMENTAL AND BEHAVIORAL PEDIATRICS. Promoting Optimal Development: Identifying Infants and Young Children with Developmental Disorders Through Developmental Surveillance and Screening. *Pediatrics*. 2020;145(1): e20193449

Weitzman C, Wegner L and the section on Developmental and Behavioral Pediatrics, Committee on Psychosocial Aspects of Child and Family Health, Council on Early Childhood and Society for Developmental and Behavioral Pediatrics. Promoting Optimal Development: Screening for Behavioral and Emotional Problems. *Pediatrics*.2015; 135 (2): 384

Zubler JM, Wiggins LD, Macias MM, et al. Evidence-Informed Milestones for Developmental Surveillance Tools. *Pediatrics*. 2022;149(3): e2021052138

AAP DEVELOPMENTAL SURVEILLANCE AND SCREENING RESOURCES:
<https://www.aap.org/en/patient-care/developmental-surveillance-and-screening-patient-care/developmental-surveillance-resources-for-pediatricians/>

CDC Learn the Signs/ Act Early Website
<https://www.cdc.gov/ncbddd/actearly/>

Innovative Strategies for Improving Developmental Surveillance and Screening: AAP Pedialink

Milestones Matter: Don't Underestimate Developmental Surveillance: AAP Pedialink

Positive parenting primary care interventions:

Cates, C. B., Weisleder, A., & Mendelsohn, A. L. (2016). Mitigating the effects of family poverty on early child development through parenting interventions in primary care. *Academic pediatrics, 16*(3), S112-S120 (included in MOC-2 reference list)

Shah, R., Kennedy, S., Clark, M. D., Bauer, S. C., & Schwartz, A. (2016). Primary care–based interventions to promote positive parenting behaviors: A meta-analysis. *Pediatrics, 137*(5)

Sokolovic, N., Rodrigues, M., Tricco, A. C., Dobrina, R., & Jenkins, J. M. (2021). Teaching parents to be responsive: a network meta-analysis. *Pediatrics, 148*(2)

Weisleder, A., Cates, C. B., Dreyer, B. P., Berkule Johnson, S., Huberman, H. S., Seery, A. M., ... & Mendelsohn, A. L. (2016). Promotion of positive parenting and prevention of socioemotional disparities. *Pediatrics, 137*(2)

