

TREE REFERENCES AND RESOURCES:

Taking a Deeper Dive

ACEs and Toxic Stress/ Trauma Informed Care/ Early Brain Development:

Articles:

Bucci M et al. Toxic Stress in Children and Adolescents. *Advances in Pediatrics*. 2016; 63: 403-428 (included in MOC-2 reference list)

Garner A, Yagman M. Committee on Psychosocial Aspects of Child and Family Health, Section on Developmental and Behavioral Pediatrics, Council on Early Childhood. Preventing Childhood Toxic Stress: Partnering with Families and Communities to Promote Relational Health. *Pediatrics*. 2021; 148 (2): e2021052582 (included in MOC-2 reference list)

Books:

Forkey H, Griffin J, and Szilagyi M. *Childhood Trauma and Resilience: A Practical Guide*. Illinois: American Academy of Pediatrics; 2021 (included in MOC-2 reference list)

Garner A and Saul R. *Thinking Developmentally: Nurturing Wellness in Childhood to Promote Lifelong Health*. Illinois: American Academy of Pediatrics; 2018 (included in MOC-2 reference list)

Gillespie RJ, King A. *The Trauma Informed Pediatric Practice: A Resilience- Based Roadmap to Foster Early Relational Health*. Illinois: American Academy of Pediatrics; 2024

Websites:

Center for Youth Wellness

<https://centerforyouthwellness.org/aceq-pdf/>

Center on the Developing Child Harvard University

<http://developingchild.harvard.edu/>

Trauma-Informed Care and Resilience Promotion: AAP Pedialink

Early Relational Health and Positive Early Childhood Experiences (PCEs):

Articles

Bethell C, Jones J, Gombojav N, Linkenbach J, Sege R.

Positive Childhood Experiences and Adult Mental and Relational Health in a Statewide Sample Associations Across Adverse Childhood Experiences Levels. JAMA Pediatr. 2019; 173(11): e193007.

doi:10.1001/jamapediatrics.2019.3007

(included in MOC-2 reference list)

Candelaria, M, Tellerman, K, Hutchison, H, Silver, D, Feigelman, S, Endy, K, Afkinich, J, Floet, A. The TREE Program: Promoting Positive Early Childhood Experiences During Well-Child Visits. *Clinical Pediatrics*. 2024 doi:[10.1177/00099228241258526](https://doi.org/10.1177/00099228241258526)

TREEHOUSE Program: Zero to Three Publication

Candelaria M, Tellerman K, Wilms Floet A, Whitty H.

The TREEHOUSE Program Promoting Early Childhood Development and Parent–Child Interaction via Telehealth in Pediatrics

Zero to Three September 2022

[https://drive.google.com/file/d/11yfCAY-](https://drive.google.com/file/d/11yfCAY-jiyasdqy9RfH30NUwoey3VwrT/view?usp=drive_link)

[jiyasdqy9RfH30NUwoey3VwrT/view?usp=drive_link](https://drive.google.com/file/d/11yfCAY-jiyasdqy9RfH30NUwoey3VwrT/view?usp=drive_link)

Daines L. et al. Effects of positive and negative childhood experiences on adult family health. *BMC Public Health*.2021; 21:651
<https://doi.org/10.1186/s12889-021-10732-w>

Frankowski BL. Encouraging strengths in parents and youth to promote positive childhood experiences. *Pediatrics*. 2023;152(1):e2023061264. doi:10.1542/peds.2023-061264

Huang CX, Halfon N, Sastry N, et al. Positive Childhood Experiences and Adult Health Outcomes. *Pediatrics*. 2023;152(1): e2022060951

Sege R. et al. Responding to ACEs With HOPE: Health Outcomes from Positive Experiences. *Academic Pediatrics*. 2017; S79 (17)

Early Relational Health: A Review of Research, Principles, and Perspectives. 2023 Burke Foundation
<https://burkefoundation.org/burke-portfolio/reports/early-relational-health-a-review-of-research-principles-and-perspectives/#>

Books:

Powell B, Cooper G, Hoffman K, Marvin B. *The Circle of Security Intervention*. New York, NY: Guilford Press; 2014

Websites:

GROW YOUR KIDS: TREE (TALK READ ENGAGE ENCOURAGE): A Program to Promote Positive Early Childhood Experiences Between Parents and Infants. Maryland Chapter American Academy of Pediatrics, Committee on Emotional Health
<http://mdaap.org/TREE.html>

BI-PED Project: *Brief Interventions in Child Mental Health for the Pediatric Practitioner*. Maryland Chapter American Academy of Pediatrics, Committee on Emotional Health
<http://www.mdaap.org/biped.html>

Small Moments Big Impact: helps pediatric providers have a more meaningful conversation with parents of young children using videotaped conversations.

<https://smallmomentsbigimpact.com/>

HOPE (Healthy Outcomes from Positive Experiences)

<https://positiveexperience.org/>

Kelly J, Dillon C, Larsen J, and Thordarson N. *Promoting First Relationships in Pediatric Primary Care*, NCAST Programs, University of Washington, 2013

Infant and Early Childhood Mental Health: Relational Foundations for Lifelong Health: AAP Pedialink

Supporting Early Relational Health in Practice

<https://www.aap.org/en/patient-care/early-childhood/early-relational-health/>

Early Relational Health Implementation Guide

https://downloads.aap.org/AAP/PDF/Final%20AAP%20ASHEW%20Implementation%20Guide%2006.14.22%20Id.pdf?_ga=2.133257230.1833493658.1688153772-228075532.1683516577

***Zero to Three* <http://www.zerotothree.org>**

Social Determinants of Health: Poverty and Racism

Articles:

Trent M, Dooley DG, Dougé J, AAP SECTION ON ADOLESCENT HEALTH, AAP COUNCIL ON COMMUNITY PEDIATRICS, AAP COMMITTEE ON ADOLESCENCE. The Impact of Racism on Child and Adolescent Health. *Pediatrics*. 2019;144(2): e20191765

Duffee J, Kuo A, Gatterman B and the Council on Community Pediatrics. Poverty and Child Health in the United States. *Pediatrics*. 2016; 137 (4): e20160339

Gross RS, Messito MJ, Klass P, et al. Integrating health care strategies to prevent poverty-related disparities in development and growth: addressing core outcomes of early childhood. *Acad Pediatr*. 2021;21(8S):S161-S168. doi:10.1016/j.acap.2021.04.005

Laster M, Kozman D, Norris KC. Addressing structural racism in pediatric clinical practice. *PediatrClin North Am*. 2023;70(4):725-743. doi:10.1016/j.pcl.2023.03.010

Liljenquist K, Coker TR. Transforming well-child care to meet the needs of families at the intersection of racism and poverty. *Acad Pediatr*. 2021;21(8S):S102-S107. doi:10.1016/j.acap.2021.08.004

Pascoe J, Wood D, Duffee J, Kuo A. Committee on Psychosocial Aspects of Child and Family Health, Council on Community Pediatrics. Mediators and Adverse Effects of Child Poverty in the United States. *Pediatrics*. 2016; 137 (4): e20160340 doi: 10.1542/peds.2016-0340

Shah R. Positive Parenting Practices, Health Disparities, and Developmental Progress. *Pediatrics*. 2015; 136: 318-326 (included in MOC-2 reference list)

Xiao Y, Mann JJ, Chow JCC, et al. Patterns of social determinants of health and child mental health, cognition, and physical health. *JAMA Pediatr*. 2023;177(12):1294-1305. doi:10.1001/jamapediatrics.2023.4218

Yang-Huang J, van Grieken A, You Y, et al. Changes in family poverty status and child health. *Pediatrics*. 2021;147(4):e2020016717. doi:10.1542/peds.2020-016717

Centers for Disease Control and Prevention. Social determinants

of health. Published December 8, 2022. Accessed February 14, 2024. https://www.cdc.gov/about/priorities/social-determinants-of-health-at-cdc.html?CDC_AAref_Val=https://www.cdc.gov/about/sdoh/

Books:

Trent M, Dooley D, Douge J. *Untangling the Thread of Racism: A Primer for Pediatric Health Professionals*. American Academy of Pediatrics; 2024

Websites:

Fighting Racism to Advance Child Health Equity: AAP Pedialink

Talk:

Articles:

LoRe D, Ladner P, Suskind D. Talk, Read, Sing: Early Language Exposure as an Overlooked Social Determinant of Health. *Pediatrics*. 2018;142(3): e20182007

Madigan S, Prime H, Graham SA, et al. Parenting behavior and child language: A meta-analysis. *Pediatrics*. 2019;144(4): e20183556. doi:10.1542/peds.2018-3556

Books:

Hart B and Risley R. *Meaningful Differences in the Everyday Experience of Young American Children*. Baltimore: Paul H Brookes Publishing Company; 1995

Suskind D. *Thirty Million Words: Building a Child's Brain*. New York: Dutton; 2015

Read:

Articles:

High PC, Klass P. and the Council on Early Childhood. Literacy promotion: an essential component of primary care pediatric practice. *Pediatrics*. 2014; 134(2):404–409pmid:24962987 (included in MOC-2 reference list)

Websites:

Reach Out and Read <http://www.reachoutandread.org/>

Early Literacy AAP website for pediatric practitioners
<https://www.aap.org/en/patient-care/early-childhood/early-childhood-health-and-development/early-literacy/>

Helping Your Child Learn to Read (PDF for parents)
https://downloads.aap.org/AAP/PDF/Early_Childhood_Parent_Resources.pdf

Play:

Articles:

Milteer R. and the Council on Communications and Media and Committee on Psychosocial Aspects of Child and Family Health. The Importance of Play in Promoting Healthy Child Development and

Maintaining Strong Parent-Child Bond: Focus on Children in Poverty. *Pediatrics*. 2012; 129: e204-213

Yogman M, Garner A, Hutchinson J. et al; Committee on Psychosocial Aspects of Child and Family Health, AAP Council on Communications and Media. The Power of Play: A Pediatric Role in Enhancing Development in Young Children. *Pediatrics*. 2018; 142(3): e20182058

Websites:

Power of Play AAP website for pediatric practitioners

<https://www.aap.org/en/patient-care/early-childhood/early-childhood-health-and-development/power-of-play/>

Power of Play AAP website for parents

<https://www.healthychildren.org/English/family-life/power-of-play/Pages/the-power-of-play-how-fun-and-games-help-children-thrive.aspx>

Child Development:

Articles:

Lipkin PH, Macias MM, AAP COUNCIL ON CHILDREN WITH DISABILITIES, SECTION ON DEVELOPMENTAL AND BEHAVIORAL PEDIATRICS. Promoting Optimal Development: Identifying Infants and Young Children with Developmental Disorders Through Developmental Surveillance and Screening. *Pediatrics*. 2020;145(1): e20193449

Weitzman C, Wegner L and the section on Developmental and Behavioral Pediatrics, Committee on Psychosocial Aspects of Child and Family Health, Council on Early Childhood and Society for Developmental and Behavioral Pediatrics. Promoting Optimal Development: Screening for Behavioral and Emotional Problems.

***Pediatrics*.2015; 135 (2): 384**

Zubler JM, Wiggins LD, Macias MM, et al. Evidence-Informed Milestones for Developmental Surveillance Tools. *Pediatrics*. 2022;149(3): e2021052138

Websites:

**AAP DEVELOPMENTAL SURVEILLANCE AND SCREENING RESOURCES:
<https://www.aap.org/en/patient-care/developmental-surveillance-and-screening-patient-care/developmental-surveillance-resources-for-pediatricians/>**

**CDC Learn the Signs/ Act Early Website
<https://www.cdc.gov/ncbddd/actearly/>**

Innovative Strategies for Improving Developmental Surveillance and Screening: AAP Pedialink

Milestones Matter: Don't Underestimate Developmental Surveillance: AAP Pedialink

**Identifying Risks, Strengths, and Protective Factors: A Resource for Clinicians Conducting Developmental Surveillance
https://downloads.aap.org/AAP/PDF/LTSAE_PediatriciansResourceGuide.pdf**

**Center on the Developing Child at Harvard University.
From Best Practices to Breakthrough Impacts: A Science-Based Approach to Building a More Promising Future for Young Children and Families; 2016. www.developingchild.harvard.edu**

Positive parenting primary care interventions:

Articles:

Cates, C. B., Weisleder, A., & Mendelsohn, A. L. Mitigating the effects of family poverty on early child development through parenting interventions in primary care. *Academic pediatrics*.2016; 16(3) S112-S120 (included in MOC-2 reference list)

Piccolo LR, Roby E, Canfield CF, et al. Supporting responsive parenting in real-world implementation: minimal effective dose of the Video Interaction Project. *Pediatr Res*. 2024;95(5):1295-1300. doi:10.1038/s41390-023-02916-4

Roby E, Miller EB, Shaw DS, et al. Improving parent-child interactions in pediatric health care: a two-site randomized controlled trial. *Pediatrics*. 2021;147(3):e20201799. doi:10.1542/peds.2020-1799

Shah, R., Kennedy, S., Clark, M. D., Bauer, S. C., & Schwartz, A. Primary care-based interventions to promote positive parenting behaviors: A meta-analysis. *Pediatrics*.2016; 137(5)

Sokolovic, N., Rodrigues, M., Tricco, A. C., Dobrina, R., & Jenkins, J. M. Teaching parents to be responsive: a network meta-analysis. *Pediatrics*. 2021; 148(2)

Weisleder, A, Cates, CB, Dreyer, BP, Berkule Johnson, S, Huberman, HS, Seery, AM, ... & Mendelsohn, AL. Promotion of positive parenting and prevention of socioemotional disparities. *Pediatrics*. 2016; 137(2)