



2024 Annual Meeting

Youth Mental and Emotional Health Summit

September 14, 2024

8:30 a.m. to 5:00 p.m.

BWI Airport Marriott Hotel, Linthicum Heights, MD

(410) 878-9702 – www.mdaap.org

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#MDAAP_AM24

Our Speakers and Topics

Leffler Lecture “Shifting the Narrative Around Social Media and Youth Mental Health: A New Approach and New Resources”

Speaker: Monique Soileau-Burke, MD, FAAP

“Trauma-Informed Care”

Speaker: Sarah Edwards, DO

“Youth Suicide and the Role of Firearms”

Speaker: Paul Nestadt, MD

“Improved Screening and Diagnosis for Autism in Primary Care with the RITA-T (Rapid Interactive Screening Test for Autism in Toddlers)” Speaker: Roula Choueiri, MD, FAAP

“TREE (Talk Read Engage Encourage) Early Relational Health Program” Speakers: Ken Tellerman, MD, FAAP, and Annemiek Wilms Floet, MD, FAAP

MDAAP Chapter Awards

CHILD ADVOCATE AWARD: The Rales Center for the Integration of Health and Education

This award is given to a non-MDAAP Chapter member or group who has, through its partnership with the MDAAP Chapter and advocacy for the needs of children and adolescents, made a significant contribution to the well-being of children and adolescents in Maryland.

LEADERSHIP AWARD: Annemiek Wilms Floet, MD, FAAP

This award is given to an MDAAP Chapter member who has excelled in leadership of Chapter activities, either through a special project or a committee initiative in the past three (3) years.

LIFETIME ACHIEVEMENT AWARD: Susan Feigelman, MD, FAAP

This award is given to an MDAAP Chapter member, who, over a lifetime, has significantly contributed to an area of Pediatrics and is recognized in Maryland and the United States for leadership and expertise.

MICHAEL BURKE, MD MENTORSHIP AWARD: Bruce Klein, MD, FAAP

This award is given to an MDAAP Chapter member who exhibits excellent mentoring skills, teaching skills, models empathy and kindness, and advocates for medical students, physicians-in-training, and/or young physicians.

PEDIATRICIAN OF THE YEAR: Monique Soileau-Burke, MD, FAAP

This award is given to a pediatrician, FAAP, and MDAAP Chapter member, whose career has exemplified the ideals of Pediatrics in service, advocacy, and contribution to organized Pediatrics through leadership in the Chapter or through outstanding contributions to child health or professional pediatrics in Maryland.

SPECIAL ACHIEVEMENT AWARD: Barbara Weis, MD, MPH, FAAP

This award is given to a physician, currently a Maryland resident, who over an entire career has made an outstanding contribution to child health through research, service, or educational endeavors.

RISING STAR RESIDENT AWARD: Megan Rescigno, MD

This award is given to a MDAAP Chapter resident member who has inspired their resident colleagues and faculty alike to advocate for the needs of children and adolescents in Maryland through a project or initiative in the past year.



National AAP Special Achievement Awards

For distinguished service and dedication to the mission and goals of the Academy

Kristi Macheimer, MD, FAAP

For her devotion and tireless efforts on behalf of the MDAAP Mental Health Committee as its Co-Chair.

Oscar Taube, MD, FAAP

For his role as MDAAP Adolescent Health Committee Chair and creation of the Five State/DC Pediatric Post-Roe Reproductive Health Coalition.

Ken Tellerman, MD, FAAP

For serving as the MDAAP Emotional Health Committee Chair and The TREEHOUSE Project Co-Leader.

Our Exhibitors



BeSMART: BeSMART was created to bring together responsible adults to reduce shootings that occur when children get ahold of unsecured firearms. BeSMART is neutral on the topic of gun ownership and doesn't advocate changes in legislation. The campaign focuses on education and awareness about child gun deaths and responsible gun storage.



The Erin Levitas Foundation: The Erin Levitas Foundation focuses on preventing sexual violence by making early education accessible and less intimidating. They collaborate with communities and partners to create programs for parents, caregivers, adults working with youth, and children, emphasizing communication, social-emotional learning, and body safety. Their resources aim to reduce future harm and increase safety.



Maryland Behavioral Health Integration in Pediatric Primary Care: Maryland Behavioral Health Integration in Pediatric Primary Care (BHIPP) supports the efforts of primary care and emergency medicine professional to assess and manage the mental health needs of their patients through the provision of telephone consultation, resource/referral networking, continuing education and training, social work co-location, and telemental health services.



Maryland EMSC - Pediatric Readiness Initiative: The Maryland Emergency Medical Services for Children at MIEMSS is developing a pediatric readiness facility recognition program that is voluntary and will recognize facilities that have committed to providing emergency care and acute care hospital services to ill and injured children. MD EMSC Pediatric Readiness recognition program is open to freestanding emergency departments and acute care hospitals operating within the state of Maryland. The recognition program is based upon from the National Pediatric Readiness Program (NPRP) supported by AAP, ACEP, ENA (11/2018).



Maryland EXCELS: Maryland EXCELS is the state's quality rating and improvement system for child care and early education programs that meet nationally recognized quality standards. Maryland EXCELS rates the quality of programs on a scale of 1 to 5, which families can then use to find a high-quality program for their children.



Maryland Infants and Toddlers Program: The Maryland Infants and Toddlers Program (MITP) provides family-centered early intervention to children from birth through three with developmental delays and disabilities. Services are individualized and free for families. Pediatricians play a vital role in connecting families with early intervention services through innovative tools like the Online Referral and Pinwheel Community Portal.

Our Exhibitors



Maryland Youth Justice Coalition: The Maryland Youth Justice Coalition is a diverse array of organizations dedicated to preventing children and adolescents from becoming involved in the legal system, upholding the highest standards of care when youth do enter the legal system, and ensuring a platform for system-involved youth and their families to be heard.



Office of Children with Special Health Care Needs, Maryland Department of Health: The Office of Children & Youth with Specific Health Care Needs (OCYSHCN) houses programs such as: Newborn Metabolic Screening Follow-Up, Early Hearing Detection & Intervention, and Sickle Cell Disease Follow-Up. OCYSHCN develops internal programming and provides funding to external organizations to support a comprehensive, coordinated, culturally aware, and family-focused system of care for Maryland's CYSHCN and their families.



Pure Play Every Day: Pure Play Every Day is a 501(c)(3) nonprofit organization that brings the benefits of play to people of all ages to help them thrive in a world that has become complex and unpredictable. We do this through events, workshops, and the provision of Play Kits for endless play opportunities. Since its founding in 2017, Pure Play Every Day has provided services to over 19,300 children, 7,200 adults and professional development for 3,100 practitioners. Play is an integral part of children's social and emotional healthy development. With so much time spent in front of electronic devices, children often miss out on engaging play, where they can explore the world through hands-on activities that build foundational skills for succeeding in school and in life. Play helps develop skills in collaboration, communication, critical thinking, creativity and builds self-confidence. Play is not just for children. Play is just as critical for the wellbeing of adults, regardless of age.



Safe Kids-Maryland, MD Inst Emergency Medical Service Systems: Motor vehicle crashes are a leading cause of child injury and death yet misuse of car seats and seat belts is rampant. Learn the latest in proper occupant restraint and get free resources for your staff and your patients.

Our Table Sponsors



Abbott Nutrition: In 1903, the Wright Brothers were inventing flight, the first World Series was played—and the Moores and Ross Milk Company was founded. Two decades later, Moores and Ross developed our very first commercial, milk-based formula, Similac. Moores and Ross continued to innovate its baby formula and bring new choices to moms. Today, that spirit lives on in Abbott Nutrition as it continues to give moms new ways to nourish their babies with options like hypoallergenic, soy, organic, sensitive, and non-GMO formulas. Whether you choose to formula feed or to supplement breastfeeding with formula, you can be confident in the nourishment of Similac.



Alexion Pharmaceuticals: People living with rare and devastating diseases are our Guiding Star. We believe it is our responsibility to listen to, understand, and change the lives of patients and those who work tirelessly to help them. At Alexion, our passion drives us to continuously innovate and create meaningful value in all we do. In doing so, we change lives for the better – ours, people living with rare diseases, and the communities we serve. Every day.



ALK-Abello, Inc.: ALK, Inc. is a global, research-driven pharmaceutical company focused on the delivering treatments to address allergic rhinitis. Our products and services include Sublingual Immunotherapy Tablets (SLIT-tablets), Allergy Extracts, Penicillin Allergy Skin Testing, Diagnostic Controls, Skin Testing Systems, Sterile Empty Vials, Diluents, Syringes, Trays, and Patient Education Materials.



All About Books: All About Books is proud to partner with Maryland Chapter, American Academy of Pediatrics. We, too, believe in the importance and power of early childhood literacy. Shop hundreds of high-quality, low cost titles at www.allaboutbooks.org where every order over \$100 qualifies for 10% off! Email service@allaboutbooks.org or call (866) 732-3667 to get started.



AstraZeneca: AstraZeneca is a global, science-led biopharmaceutical company, driven by our innovative science and entrepreneurial culture and focused on the delivery of life-changing medicines to patients. Patients are at the core of everything we do.



BioMarin Pharmaceuticals: BioMarin is an ultra rare disease Biotech company that seeks to transform lives through genetic discovery.



CSL Seqirus: CSL Seqirus is part of CSL Limited (ASX: CSL). As one of the largest influenza vaccine providers in the world, Seqirus is a major contributor to the prevention of influenza globally and a transcontinental partner in pandemic preparedness. With state-of-the-art production facilities in the U.S., the U.K. and Australia, and leading R&D capabilities, Seqirus utilizes egg, cell and adjuvant technologies to offer a broad portfolio of differentiated influenza vaccines in more than 20 countries around the world.

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Our Table Sponsors



Equip: Equip is a 100% virtual eating disorder care program for patients of all ages - delivering evidence based treatment at home or wherever they are with a multidisciplinary care team in all 50 states including DC. We accept most major insurances and do not have a waitlist.



GSK: GSK unites science, technology and talent to get ahead of disease together. We prevent and treat disease with vaccines, specialty and general medicines.



Kennedy Krieger Institute: Located in the Baltimore-Washington, D.C., region, Kennedy Krieger Institute is internationally recognized for improving the lives of tens of thousands of children, adolescents and adults with neurological, rehabilitative or developmental needs through inpatient and day hospital programs, outpatient clinics, home and community services, education, and research.



L'oreal (CeraVe): From Infants to adolescents, CeraVe is committed to developing dermatologic skincare solutions for every age and stage. Developed with dermatologists, including pediatric dermatologists, all CeraVe products are formulated with 3 essential ceramides (1, 3, & 6-II) to help maintain and restore the skin's natural protective barrier, reinforcing healthy skin for all. [ceravepediatric.com](https://www.cerave.com) <https://www.cerave.com>



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Office Practicum: OP's pediatric-certified EHR and practice management platform is designed for the clinical, operational and financial needs of pediatric practices. OP offers services that practices need to grow and manage their business from revenue cycle management, telehealth, 24/7 answering services to website design/SEO services, reputation management and patient education. Visit www.officepracticum.com



Social Cascade: Turn social media into your practice's growth engine. Social Cascade's expertly-managed solution offers content from leading experts designed specifically for pediatric practices—saving you time and resources. Build your online reputation by delivering consistent, timely, and relevant information where patients are already looking every day. Find, guide, and keep happy patients with Social Cascade.



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Our Program Sponsor



CHADIS is an online diagnostic screening solution with workflow support and treatment resources. Screens are automatically scored in CHADIS or returned to the patient's chart in their integrated HER. Teens have a separate login for privacy, and invitations can be sent to teachers to complete questionnaires for a broader perspective.



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