D-TECKT WORKSHEET

Developmental Troubleshooters' Eclectic Checklist for Kids and Teenagers

(Emotional Health Committee Maryland Chapter American Academy of Pediatrics)

Is the Problem Intrinsic to the Child/Adolescent?

Biomedical Concerns:

Normal Developmental Stage:

Temperament/ Sensory Processing Concerns/ Self Regulation:

Child/Adolescent Psychopathology:

Is the Problem Extrinsic to the Child/Adolescent?

<u>Situational</u>: (including acute and chronic stressors/ ACEs and hx trauma)

<u>Parent Child Relationship- Ineffective Discipline:</u>

<u>Parent Child Relationship- Communication:</u>

Family Dynamics and Caretaker Discord:

Second Family: (peers and media/ bullying)

Parental Psychopathology: